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# FINSTOCK 10K

Held under UK Athletics rules - licence number 2011-101901

All proceeds to Finstock School  
Charity No 1047546

## Sunday 25th September 2011 at 11am (2hr limit)

A run set in the beautiful grounds of **Cornbury Park** near Charlbury, Oxfordshire. This challenging 10k multi-terrain race (mostly on gravel/tarmac paths) is through stunning parkland by kind permission of Lord and Lady Rotherwick (via the entrance near Finstock Station) Please send any enquiries to **(finstockfunrun@gmail.com)** Race limit 400

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- Prizes for 1st, 2nd & 3rd male and female finishers,
- and first vet man(40 & 50)/female (35 & 45)
- Cash prize for new course record (M:35:49, F:42:23)
- Childrens 1 mile fun run (£2 entry on day)
- Sandwiches, Tea & Cakes
- Toilet facilities
- Free car parking
- Drinking water on route and at finish
- Goody bag for all finishers

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**Entry fee £10 affiliated, £12 non-affiliated, (£12/£14 on the day, subject to availability).**

Please make cheques payable to Friends of Finstock School (closing date for postal entries 17/09/11) Or enter online at [www.runnersworld.co.uk](http://www.runnersworld.co.uk)

Prize giving is scheduled for approx 1.15pm & results will be made available at <http://sites.google.com/site/finstock10k>



[www.upandrunning.co.uk](http://www.upandrunning.co.uk) tel 01865 744266

### Entry Form

Race number .....(official use only)

Name ..... D.O.B .....

Address .....

Club ..... Phone number ..... Email.....

Categories (tick as appropriate)

SM ..... MV40..... MV50..... SF .....FV35 ..... FV45 .....

I confirm that I am over 16 years of age and I accept full responsibility for my own safety. I understand that I am taking part in this race at my own risk and that no liability can be accepted by the race organiser for any injuries sustained or any property that is lost or damaged during this event.

Signed ..... Date .....  
(countersigned by guardian if under 18 years of age)

Send completed form and SAE (A5) to: Race Secretary, 17 Church Rise Finstock, Oxon OX7 3DH

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